

ELLIOT D. COHEN, PH.D.

Curriculum Vita

ecohen@fsu.edu



EDUCATION

Ph.D., Philosophy, Brown University

A.M., Philosophy, Brown University

MSW, Florida State University, Department of Social Work (December 2024)

B. A., Philosophy, Fairleigh Dickinson University

AREAS OF SPECIALIZATION

Philosophical Counseling (Logic-Based Therapy) / Rational-Emotive Behavior Therapy with Individuals & groups

Clinical Ethics (medicine & psychotherapy)

Burnout and Compassion Fatigue

Interfaces of Philosophy and Psychology (including neuropsychology)

Philosophy of Technology (especially brain-computer interfaces and mass surveillance AI)

FELLOWSHIPS

Fulbright Scholar, December 9, 2022 – December 9, 2025.

Fulbright Specialist Grant, Eastern Europe, Spring 2023.

Eli Lilly Post-Doctoral Fellow, Medical Ethics, College of Medicine, University of Florida, 1977-1978.

University of South Florida, St. Petersburg, Ethicist in Residence, November 18-20, 2002

University of South Florida, St. Petersburg, Colloquium Fellow, March 18-21, 2003

TEACHING / ADMINISTRATIVE

Ph.D. Advisor, Bhaktivedanta Research Center, University of Mumbai, Fall 2022-present.

Fulbright Fellow, Graduate Program, Philosophical Counseling & Consultancy,
Department of Philosophy & Communications Studies, West University of Timisoara,
Spring 2023

Professor, Clinical Ethics, Department of Medical Humanities and Behavioral Sciences,
Florida State University College of Medicine, Fort Pierce Regional Campus, Summer
2008 – present.

Adjunct professor, Department of Philosophy & Psychology, Ramnarain Ruia
Autonomous College, Mumbai India.

Associate Professor, University of West Timisoara (Romania), Master's Degree Program
in Philosophical Counseling & Consultancy, Spring 2022.

Professor of Philosophy and Chair, Department of Humanities, Indian River State
College, Fall 1980- Spring 2022.

LOGIC-BASED THERAPY & CONSULTATION, NATIONAL AND INTERNATIONAL CENTERS

Executive Director and Co-founder, National Philosophical Counseling Association
(formerly American Society for Philosophy, Counseling and Psychotherapy), 1992-
present www.npcassoc.org

President and Founder, Logic-Based Therapy & Consultation Institute: Research,
Training, and Clinical Practice of Logic-Based Therapy (<http://philosophicalpractice.net>).
1985-present,
U.S. Center: Purdue University-Northwest.

European Logic-Based Therapy & Consultation Institute at ReCenter, a partner of West
University, Timisoara. <https://recentre.ro/en/>

Center for Logic-Based Therapy Mumbai, India
<https://ruiacollege.edu/Department/Deptindex.aspx?page=a&ItemID=cacse&nDeptID=cakg>

Taiwan Logic-Based Therapy Institute, Taipei.
<https://sites.google.com/site/lbttaiwancenter>

South African Logic-Based Therapy & Consultation Institute
<https://lbtsouthafrica.com/Home/>

Croatian Logic-Based Therapy & Consultation Institute
[website under construction]

EDITORSHIPS (Periodicals / Advisory Boards)

Editor-in-Chief and Founder, *The International Journal of Applied Philosophy*

(Publisher: Philosophy Documentation Center <https://www.pdcnet.org/ijap/International-Journal-of-Applied-Philosophy>. 1981-present.

Editor-in-Chief and Founder, *The International Journal of Philosophical Practice*,
The Official Journal of the National Philosophical Counseling Association.
Publisher: Philosophy Documentation Center <https://www.pdcnet.org/ijpp>

Editorial Board, *Journal of Rational-Emotive & Cognitive-Behavior Therapy*.

Editorial Board, Humanities Therapy Project, Kangwon University, South Korea
<http://www.ht21c.org/page/page.php/22>

Editorial Board, *Deliberatio: Studies in Contemporary Philosophical Challenges*

SELECTED WORKSHOPS/LECTURES: LOGIC-BASED THERAPY & PRACTICE

How to Identify and Overcome Compassion Fatigue & Burnout in the Human Services.
Florida Mental Health Counseling Association Webinar. June 7, 2024.

Using LBT to Empower Clients: A Case of an Emotionally Abused Client, Mexico
(Neplantla). May 18, 2024.

Logical Constructivism as Based on Logic-Based Therapy
Society Professionisti Pratiche Filosofiche, Torino Italy, April 6, 2024

Compassion Fatigue & Burnout: Deconstructing its Cognitive-Emotive Roots, Florida
Atlantic University, April 2, 2024

The Spirituality of Logi-Based Therapy, Presidential Address, NPCA, February 17, 2024

Compassion Fatigue and Burnout in the Human Services, June 29, 2023.
<https://drive.google.com/file/d/1VArAYhwXZbpwoJIsz6YPK85JMP5rcQLf/view?pli=1>

LBT: Theory & Practice. IGPP Germany online, Feb. 1, 2023

Perfectionism and Its Effects on Productivity, Life Management Science Lab, November
25, 2022. <https://www.youtube.com/watch?v=9l4qK7M2jMw>

Presentation on LBT and Healthcare, Massachusetts College of Pharmacy & Health
Sciences, October 8, 2022.
https://media.mcphs.edu/media/Center+for+Health+Humanities+SeminarA+Elliot+Cohe+n+%28Final+for+Public+View%29/1_8nbw71qy?_ga=2.252343689.1679387082.1666024808-622264142.1477499486

Workshop on LBT for Masters in Philosophical Counseling, Mexico City, via Zoom
August 6, 2022.

“What is Philosophical Practice?” Keynote, University of West Timisoara (Romania), November 19, 2021. <https://icsp.uvt.ro/2021/11/16/19-noiembrie-2021-conferinta-elliott-cohen-what-is-philosophical-practice/>

“What is an emotion?” Keynote address, Philosophy of Psychology Conference, Universidad Autónoma de Chile, Talca, Chile, Nov. 18, 2021.

“Logic-Based Therapy & Global Issues,” Keynote Address, Educational Center for Autonomous Creation in Philosophical Practice, Mexico City, Mexico, November 13, 2021.

<https://drive.google.com/drive/folders/1GAxJYj8WfhrT0G6sCcMxap7x4B6EohPh?usp=sharing>

Discussion of Logic-Based Therapy with Swedish Philosophical Counselor, Luis de Miranda.

August 2, 2021 <https://youtu.be/cAmu0nBLXrg>

N.V. Joshi Memorial Lecture, Mumbai, India, April 8, 2021.

Presidential Address, National Philosophical Counseling Association Third World Conference, Perfectionism and the Pandemic: How Logic-Based Therapy & Consultation Can Help, January 16, 2021.

Lecture, Logic-Based Therapy, Indian Counsel of Philosophical Research, Panjab University (YouTube Live, Sept. 14, 2020)

https://www.youtube.com/watch?v=z_T6UfcwwZc

Lecture, Orebro University, Sweden, November 21, 2019

Philosophical Counseling Workshop, Universidad Autónoma de Chile, Talca, Chile, May 2019

Philosophical Counseling Workshop, Beijing, China, August 2018. Primary Certificate Intensive Workshop in Logic-Based Therapy, West Palm Beach, 2016.

Primary Certificate Intensive Workshops in Logic-Based Therapy, Taipei, Taiwan, 2014-2016.

Primary Certificate Intensive Workshop, Purdue University, Calumet, IN 2014.

Online Training Program (ongoing), Logic-Based Therapy and

Consultation Institute, 2012-present.

Philosophical Practice (online course). Indian River State College, 2010-present.

Co-facilitator, PALS (Personal Awareness for Living Successfully), support group for College faculty, staff, families, Spring 1991.

Improving Life Through Rational Thinking, Indian River Community College Women's Program group instruction in critical thinking for displaced homemakers, 1991.

Supervisor, Research Project, Indian River Memorial Hospital; teaching critical thinking to addicted nurses in recovery, 1991. Marriage and Family Counseling, Alpha Health Services, Fort Pierce, FL, 1986.

CLINICAL ETHICS / SOCIAL WORK

MSW, Internist, Coalition for Independent Living Options, May 2023-August 2023

Cleveland Clinic Florida Ethics Committee, January 2023-present.

Bioethics and Patient Rights Coordinator, Baptist Health South Florida - Boca Raton Regional Hospital & Bethesda East & West. Clinical Ethics Consultation and Bioethics Staff Education, Spring 2022 - Fall 2022.

CERTIFICATES

CITI Human Subjects Research, 2022

CITI GCP – Social and Behavioral Research Best Practices for Clinical Research, 2022

NIH Clinical Research Certificate, 2017

Rational-Emotive Behavior Therapy (Certificate No. 2965), Albert Ellis Institute, New York, 1990.

BIOETHICS CLINICAL/TEACHING EXPERIENCE

Professional and Clinical Ethics (PACE), Florida State University

Regional Medical College, Fort Pierce, FL, 2008-present

Medical Ethics Consultant/Ethics Committee Member, Indian River Medical Center, 1993-2021.

Medical Ethics Consultant, Hospice of St. Lucie County; Hospice of Martin County Hospice 2000-2001.

Medical Ethics Consultant, Port St. Lucie Medical Center, Port St. Lucie, FL 1994-1995.

Healthy Start, St. Lucie County, FL, Committee on Substance Exposed Newborns, 1999-2000

Workshop on "Standards of Ethical Decision Making in Medicine," Port St. Lucie Medical Center, Port St. Lucie, FL, July, 1995

Workshop on "Medical Confidentiality" for medical staff, Indian River Memorial Hospital, Vero Beach, FL, October, 1994

Medical Ethics Consultant, Treasure Coast Visiting Nurses Assoc., Vero Bch, FL, 1993.

Medical Ethics for Nurses, School of Nursing, Indian River State College, R.N. Degree program, 1981-present.

Human Services Ethics Course, Dept. of Human Services, Indian

River State College, A.S./B.S. Degree Programs, 1987-present. Ethics in Human Services Workshop for Mental Health Professionals, 1991.

Ethics Grand Rounds, Port St. Lucie Medical Center, 1991. Nursing Ethics Workshop, Florida Nurses Assoc., Spring 1988.

Eli Lilly Post-Doctoral Fellowship, Medical Ethics, College of Medicine, University of Florida, 1977-1978.

COMMUNITY SERVICE

Cleveland Clinic Florida, Special Committee for Community Outreach, March 2024-

Cleveland Clinic Florida Ethics Committee, January 2023-present. Weston, FL

Cleveland Clinic Hospitals Select Task Force for Alignment of Florida Hospital Policies and with Cleveland Ohio 3/2020 – 08/2020

Cleveland Clinic Florida COVID Task Force, 3/2020-08/2020

Cleveland Clinic Indian River Medical Center Ethics Committee Member 9/2016 - Present

ACADEMIC AWARDS

Global Initiative of Academic Networks (GIAN) Award, Ministry of Education, India, 2021. <https://gian.iitkgp.ac.in/ccourses/approvecourses3>

Who's Who Lifetime Achievement Award in Education, 8-16-2018
<https://wwlifetimeachievement.com/2018/08/16/elliott-cohen/>

Ann R. Snyder Department Chair Excellence Award, Indian River State College, 2017

Instructional Innovation Award, Indian River State College, 2016

2001 National Institute for Staff and Organizational Development (NISOD) Excellence Award in Teaching

Eli Lilly Post-Doctoral Fellowship (Medicine), 1977.

Scholarship, Brown University, 1974-1977. Phi Beta Kappa, Brown University, June 1977

SELECTED ASSOCIATIONS/APPOINTMENTS

Faculty State Selection Committee, Florida Common Learning Management System, 2016.

Faculty Committee, General Education Core Course Options on Philosophy, Florida Board of Education, 2013.

President, American Association for Philosophy, Counseling, and Psychotherapy, 1995-1996.

President, Florida Philosophical Association, 1985-1986.

Vice President, Florida Philosophical Association, 1984-1985. Secretary-Treasurer, Florida Philosophical Association, 1981-1984.

PUBLICATIONS

BLOGS

“What would Aristotle do?” *Psychology Today*, 2009-Present

<https://www.psychologytoday.com/intl/blog/what-would-aristotle-do>

“ASK Elliot Cohen how perfectionists can quit self-criticism,” *Psychwire*

<https://psychwire.com/ask/topics/1prwo0j/ask-elliott-cohen-how-perfectionists-can-quit-selfcriticism>

BOOKS

Logic-Based Therapy & Consultation: Theory and Applications. Forthcoming Lexington Books, 2024.

Are You Making Love or Just Having Sex? A Philosophical Guide to Enduring Love & Sexual Intimacy. Forthcoming Anthem Press, 2024.

Cognitive-Behavior Interventions for Self-Defeating Thoughts: Helping Clients to Overcome the Tyranny of ‘I Can’t’. Routledge, 2021.

Cognitive-Behavior Therapy for Those Who Say They Can’t: A Workbook for Overcoming Your Self-Defeating Thoughts, Routledge, forthcoming February 2022.

Making Peace with Imperfection: Discover Your Perfectionism Type, End the Cycle of Criticism, and Embrace Self-Acceptance, New Harbinger, June 2019.

Making Peace with Imperfection. Trans. Florin Lobont. Trei Publishing, Romania, 2024

Ethics for 21st Century Counseling: A Case-Based Guide to Virtuous Practice, Sage, 2018

Korean Edition, 2018

Logic-Based Therapy and Everyday Emotions, Lexington Books/ Rowman & Littlefield, 2016 Hardcover/ 2017 Paperback

Technology of Oppression: Preserving Freedom and Dignity in an Age of Mass, Warrantless Surveillance Palgrave-Macmillan, 2014

Philosophy, Counseling, and Psychotherapy (edited with Samuel Zinaich), Cambridge Scholars Publishers, 2013

The Dutiful Worrier: How to Stop Compulsive Worry without Feeling Guilty, New Harbinger, May 2011

The Dutiful Worrier, Chinese Edition, PsyGarden Publishing Co, 2015, Korean Edition, New Harbinger, 2012

Mass Surveillance and State Control: The Total Information Awareness Project, Palgrave-Macmillan, 2011

Critical Thinking Unleashed, Rowman & Littlefield, 2009

Ethics and the Legal Profession, 2nd Edition (ed. w/ Michael Davis), Prometheus Books, 2009.

The New Rational Therapy: Thinking Your Way to Serenity, Success, and Profound Happiness, Rowman & Littlefield, 2007

The Last Days of Democracy: How Big Media and Power-hungry Government Are Turning America into a Dictatorship (Prometheus, 2007)

The New Rational Therapy (Chinese Edition), PsyGarden Publishing Co., 2012

News Incorporated: Corporate Media Ownership and Its Threat to Democracy, Prometheus Books, March 2005

What Would Aristotle Do? Self-Control through the

Power of Reason, Prometheus Books, May 2003.

What Would Aristotle Do? Self-Control through the Power of Reason, PsyGarden Publishing Co., 2013

Philosophers at Work: An Introduction to the Issues and

Practical Uses of Philosophy, Second Ed., Harcourt Brace, 2000.

The Virtuous Therapist: Ethical Practice in Counseling & Psychotherapy (with Gale S. Cohen), Brooks Cole/ Wadsworth, 1999.

Journalistic Ethics, with Deni Elliott, ABC-CLIO Publishing Co., 1997.

AIDS: Crisis in Professional Ethics, with Michael Davis, Temple University Press, 1994.

Caution: Faulty Thinking Can Be Harmful to Your Happiness: Logic for Everyday Living, Cengage, 2003

Caution: Faulty Thinking Can Be Harmful to Your Happiness, Logic for Everyday Living, Second Edition, Trace-WilCo, 1994. Updated Kindle Edition, 2013.

Caution: Faulty Thinking Can Be Harmful to Your Happiness, Self-Help Ed., Trace-WilCo, 1992

Philosophical Issues in Journalism, Oxford University Press, 1992.

Philosophers at Work: An Introduction to the Issues and Practical Uses of Philosophy, Ed., Holt, Rinehart, and Winston, 1989.

Making Value Judgments: Principles of Sound Reasoning, Robert E. Krieger, Inc., 1985.

ARTICLES / BOOK CHAPTERS

“The Spirituality of Logic-Based Therapy,” *Religions* 2024, 15(1), 92; <https://doi.org/10.3390/rel15010092>

“A Randomized, Controlled, Preliminary Study to Assess the Efficacy of Logic-Based Therapy in Reducing Anxiety and/or Depression in Family Caregivers.” *J Rat-Emo Cognitive-Behav Ther* (2023). <https://doi.org/10.1007/s10942-023-00532-z>

“The Epistemology of Power,” *Deliberatio: Studies in Contemporary Philosophical Challenges*. Forthcoming Spring 2023.

“What is an Emotion?” *Chinese Journal of Cognitive Science*, trans. Chinese. Forthcoming. English trans.: *International Journal of Applied Philosophy*, 35.2, Fall 2021, 171-181.

“Logical Constructivism in Philosophical Health.” *Perspectives on Philosophical Health* ed. Luis de Miranda, Elisabetta Basso, and Vlad Glaveanu, Bloomsbury, 2023.

“Perfectionism and the Pandemic,” *International Journal of Philosophical Practice: Volume 7.1*, 2021

“The Psychoanalysis of Perfectionism: Integrating Freud’s Psychodynamic Theory into Logic-Based Therapy.” *International Journal of Philosophical Practice*, 6.1, 2020. <https://doi.org/10.5840/ijpp2020612>

“Can Humans Find Security in Augmented and Virtual Realities?” *International Journal of Applied Philosophy*. 34.1, 2020. <https://doi.org/10.5840/ijap20201210133>

“The Epistemology of Logic-Based Therapy,” *International Journal of Philosophical Practice*, 4.1, 2019.

“Use of Logic-Based Therapy to Encode Emotional Reasoning on the Ventromedial Prefrontal Cortex.” *Trauma Psychology*, Vol. 13.2 (2018), American Psychological Association

“Ethical and Legal Status of Philosophical Counseling in the United States: The New National Philosophical Counseling Association Practice Standards,” *Monthly Review of Culture*, Volume 44, No. 1, January 2018 (Fu Jen University, Taiwan)

“Remote Control: Electronic Surveillance and the Demise of Human Dignity,” *Censored 2017*, ed. Mickey Huff and Andy Lee Roth, fall 2017

Elliot D. Cohen, Ph.D. Counseling Hume: Using Logic-Based Therapy to Address Generalized Anxiety Disorder. *International Journal of Philosophical Practice*. Vol. 3 No. 4, Fall 2015

“I Want Therefore It Must Be: Treating Fascistic Inferences in Logic-Based Therapy,” *Journal of Humanities Therapy*, Vol. 6.1 June 2015. Kangwon National University, S. Korea

“What Else Can You Do with Philosophy Besides Teach?” *International Journal of Philosophical Practice*, Vol 3, No. 3, 2015

“The Future of CBT/REBT” in Jon Carson and Bill Knaus, *Albert Ellis Revisited* (Routledge, 2014)

“The New Rational Therapy for the 21st Century: Putting Philosophy to Work in Psychology”

Journal of Nanjing University (Philosophy, Humanities and Social Sciences) No 4, 2013 (China)

“Digging Deeper: Politico-Corporate Media Manipulation, Critical Thinking, and Democracy,” in *Censored 2014* ed. Mickey Huff and Andy Roth.

“Is Perfectionism a Mental Disorder,” *International Journal of Applied Philosophy*, Vol. 26.2, Fall 2012

“Logic-Based Therapy and its Virtues,” in Cohen & Zinaich, “*Philosophy, Counseling, and Psychotherapy*” (Cambridge Scholars)

“The Impending Demise of Net Neutrality,” *Censored 2012* ed. Mickey Huff (Seven Stories Press, 2011)

“The Brave New World of Brain-Internet Interface Technology,” *Free Inquiry Magazine*, February/March issue

“Redefining Death,” *Free Inquiry Magazine*, Spring 2009 issue

“What Constitution: How Racial Profiling and Other Unlawful Activities Became Law,”
The American Trial Lawyer Magazine, Winter 2009

“Relieving your *Can ’t*stipation: Some Potent Philosophical Enemas,” Practical
Philosophy, July 2008

“Metaphysical Insecurity,” Practical Philosophy, Spring 2008

“Lawyers’ Liberation” in Cohen and Davis, Eds., Ethics in the Legal Profession
(Prometheus, 2008)

“Albert Ellis’ Philosophical Revolution: A Memoriam Address Presented to the
American Psychological Association (San Francisco, August 17, 2007),” International
Journal of Applied Philosophy (Fall 2007).

“Absolute Nonsense: The Irrationality of Perfectionistic Thinking,” International Journal
of Philosophical Practice Volume 2 (4):10-19 (2005)

“The New Rational Therapy: A Response to Martin,” International Journal of Applied
Philosophy (Spring 2007).

"The Metaphysics of Logic-Based Therapy" REBT Network
<http://www.rebtnetwork.org/library.html>

(Chinese Trans. Journal of Anhui Normal University (2013))

"Logic-Based Therapy: The New Philosophical Frontier for REBT" Albert Ellis
Foundation <http://www.rebtnetwork.org/essays/logic.html>

"Conceptualizing the Professional Relationship in Drug User and Alcohol Misuser
Counseling," in John Kleinig & S. Einstein (Eds.), Intervening in Drug Use: Ethical
Challenges, Office of Criminal Justice, Huntsville, TX, (2006)

“Critical Thinking, Not Head Shrinking,” Peter Raabe, Ed., Philosophical Counseling and
the Unconscious (Trivium Publications, 2005)

“What would Cronkite do? Journalistic Virtue, Corporate News, and the Demise of the
Fourth Estate,” Journal of Mass Media Ethics (Fall 2004)

“Lethal Sex: Conditions of Disclosure in Counseling Sexually Active Clients with HIV,”
International Journal of Applied Philosophy (Spring 2004)

“The Process of Logic-Based Therapy,” Pratiche Filosofiche (Fall 2003)

“Cultivating the Habit of Scholarship,” The Successful Professor, Vol 2. Issue 3
September 2003.

“Philosophical Principles of Logic-Based Therapy,” Practical Philosophy Vol 6.1 (Spring
2003)

“Pure Legal Advocates and Moral Agents Revisited: A Response to Memory and Rose,” *Criminal Justice Ethics*, Winter/Spring 2002 (“Symposium on Cohen on the Attorney as Moral Agent”)

“Critical Thinking Beyond the Academy: Using Interactive Software to Help Students Cope with Problems of Living,” *The Successful Professor*, Spring 2002.

"Reason and Experience in Locke's Epistemology," *Philosophy and Phenomenological Research*, Vol. 45, No. 1, Sept. 1984. Reprinted in *Locke, Epistemology, and Metaphysics*, Ed. Udo Thiel *The International Library of Critical Essays in the History of Philosophy* (Ashgate, 2002).

“Permitted Suicide: Model Rules for Mental Health Counseling,” *Journal of Mental Health Counseling* (July 2001).

“Permitting Suicide in Philosophical Counseling,” *International Journal of Philosophical Practice* (Vol.1.1, 2001)

“Permitting Suicide of Competent Clients in Counseling: Legal and Moral Considerations,” *International Journal of Applied Philosophy*, Vol. 14 No. 2, 2000.

"Counselors Who Teach and Teachers Who Counsel: Conflicts of Interest in Psychological and Philosophical Counseling," M. Davis and A. Stark, eds., *Conflict of Interest and the Professions*, Oxford University Press, 2001.

“Journalism, Rational Subjectivity, and Democracy,” *Journal of Law and Public Policy*, 1998.

“Conflict of Interest in Psychological Counseling,” *Perspectives* (Illinois Institute of Technology), 1998.

"Confidentiality, HIV, and the ACA New Code of Ethics: The `Contagious, Fatal Diseases` Rule," *Journal of Mental Health Counseling*, 1998.

"Philosophical Counseling: A Computer-Assisted, Logic-Based Approach," *Inquiry: Critical Thinking Across the Disciplines*, Vol. 15, No.2, Winter 1995.

"Ethical Standards in Counseling Sexually Active Clients with HIV," *Directions in Clinical Psychology*, Vol. 4, Numbers 9-12, Summer 1994. Also in W. Odets and M. Shernoff, eds., *The Second Decade of AIDS: A Mental Health Practice Handbook*, Hatherleigh Press, 1995. Also in *Ethics in Therapy*, Hatherleigh Press, 1997.

"What Would A Virtuous Counselor Do? Ethical Problems in Counseling Clients Who Have HIV," *AIDS: Crisis in Professional Ethics*, Temple U. Press, 1994.

"Philosophical Counseling: Some Roles of Critical Thinking," *Essays in Philosophical Counseling*, Ed. Ran Lahav, University Presses of America, 1995.

Syllogizing RET: Applying Formal Logic in Rational-Emotive Therapy," *Journal of Rational-Emotive Therapy*, Vol. 10, No. 4, Winter 1992.

"Logic, Rationality and Counseling," *International J. of Applied Philosophy*, Vol 5, No. 1, Spring 1990.

"Confidentiality, Counseling, and Clients Who Have AIDS: Foundations of a Model Rule," *Journal of Counseling and Development*, American Counseling Assoc., Jan./Feb. 1990.

"Virtuous Police: A Review Essay of Edwin J. Delattre's Character and Cops," *Criminal Justice Ethics*, Summer/Fall 1990.

"The Philosopher As Counselor," *Philosophers at Work*, Holt, Rinehart, and Winston, 1989.

"Detecting Prejudice in the Counseling Process," *International J. of Applied Philosophy*, Vol. 4, No. 2, Fall 1988.

"The Use of Syllogism in Rational-Emotive Therapy," *Journal of Counseling and Development*, American Counseling Association, Sept. 1987, Vol. 66.

"Paternalism That Does Not Restrict Individuality: Criteria and Applications," *Social Theory and Practice*, Vol. 12, No. 3, Fall 1986.

"Pure Legal Advocates and Moral Agents: Two Concepts of a Lawyer in an Adversary System," *Criminal Justice Ethics*, Vol. 4, No. 1, Winter/Spring 1985.

"J.S. Mill's Qualitative Hedonism: A Textual Analysis," *The Southern Journal of Philosophy*, Vol. 18, 1980.

"The Epistemology of Value," *Auslegung*, Vol. 5, 1978. "Hume's Fork," *The Southern Journal of Philosophy*, Vol. 15, 1977.

CODES OF ETHICS

National Philosophical Counseling Association, Standards of Ethical Practice (drafted code) http://npcassoc.org/wp-content/uploads/2014/08/NCPA_-Standards-of-Ethical-Practice--2014.pdf

American Counseling Association, Contagious, Fatal Diseases Rule, B.1.d (drafted rule), Code of Ethics 1995

RECENT SELECTIONS FROM "WHAT WOULD ARISTOTLE DO?"

PSYCHOLOGY TODAY

“On the Psychodynamics of Intrusive, Wicked Thoughts”

Increase ego-strength using philosophy to change neural pathways.

“Cognitive Dissonance, Willpower, and Your Brain”

You see something sweet and crave it, but know it's unhealthy. What goes on in your brain when you try to overcome the craving—and can you use that knowledge to build willpower

“The Epistemology of Narcissistic Personality Disorder”

People in relationships with persons with Narcissistic Personality Disorder find it problematic; but the reasons are not apparent from psychological diagnosis alone.

“Anxiety as Depression Waiting to Happen”

Why does anxiety often lead to depression, and even create further anxiety? This article provides an answer, and discusses a key factor in overcoming the comorbidity.

“Plato’s Prognosis of “Alternative Facts”

The idea of a fact is one upon which virtually every aspect of human existence depends.

SELECTED, RECENT MEDIA INTERVIEWS

The Philosopher Will See You Now: Some philosophical counselors offer useful help with problems of living; others aren't sure mental illness is real. What will their field become? By Shayla Love, *Vice* <https://www.vice.com/en/article/qjbdvx/why-some-people-are-talking-to-philosophers-instead-of-therapists>

Diagnosing the Disease Called ‘Evil’, *Time Magazine*, April 2019

Is philosophical counseling the solution to modern day stress? By Clare Cudahy, *Healthy Beginnings*, 2018.

Why Sometimes You Gotta Say ‘What the F**k’: Worrying about results ruins your work and play, according to performance experts. By Christian Chensvold, *Real Clear Life*, 2018.

Confronting Life, Logically: A conversation with Elliot D. Cohen, Ph.D., on logic-based therapy by Lybi Ma, *Psychology Today*, 2016.

Would you ditch your therapist for a “philosophical counselor”? by Olivia Goldhill, *Quarz*, 2016

“Diagnosing the Disease called ‘Evil’ by Barbara Sadick in *Time Magazine*, April 2019, special issue on the Science of Good and Evil.

Interview with Christina Vercelletto on my forthcoming Book, Making Peace with Perfectionism, *Family Circle Magazine*, June 2019 issue.

SELECTED RECORDED PRESENTATIONS

“Elliot D. Cohen on Logic-Based Therapy and Psychotherapy” Anomalous Mind.”
Conversations about Innovation & Mental Health, March 1, 2021.

<https://www.listennotes.com/podcasts/the-anomalous-mind/episode-5-elliott-d-cohen-oF-puZmjbNi/>

“Dr. Elliot D. Cohen on Using Philosophy to Overcome OCD,” National Philosophical Counseling Association, October 25, 2021

<https://www.youtube.com/watch?v=33zG4NdCBNg>

“Philosophical Health: Elliot D. Cohen in Conversation with Luis de Miranda,” Uppsala Universitet, August 2, 2021 <https://youtu.be/cAmu0nBLXrg>

“Perfectionism and the Pandemic,” Presidential Address, Second World Conference, NPCA, January 2021. <https://youtu.be/Qqp8oZyZH1s>

The Importance of ‘D’ in REBT,” Three Minute Therapy Podcast, July 22, 2019.

<https://www.youtube.com/watch?v=MUywElKhBXo>

Signature:

A handwritten signature in black ink, appearing to read "Elliot D. Cohen", followed by a horizontal line.